



2022/2023 IMPACT

Our programs served **1,773** children, youth, adults, and families.

Of those served, **94%** of them achieved one or more of the following:

HOPE INSTILLED

- Reunified with family
- Established a community-based support system
- Developed stronger parenting and relationship skills
- Moved to permanency through adoption, guardianship, or independent living

STABILITY SECURED

- Secured housing & critical resources
- Transitioned to self-sufficiency
- Overcame barriers to stability and safety

SUPPORT STRENGTHENED

- Progressed in their healing
- Addressed their mental health needs
- Learned to identify and meet their own needs
- Improved their emotional health skills as part of their mental health wellness

EMPOWERMENT ENCOURAGED

- Developed critical life skills
- Secured employment
- Became more financially literate and stable
- Set and embarked on a higher education and/or career journey



HOPE

Of the **40 children and youth** we served in Foster Care:

- 100%** were provided safety
- 84%*** made academic improvements
- 79%*** improved their life skills
- 84%*** reduced harmful/reckless behaviors

**Excludes Emergency Shelter Care youth*

Another **29 foster youth** received specialized support services while in Emergency Shelter to keep them safe.

We had **16 full-time foster parents** and **one respite** provide family-based care, participating in specific training to manage and support children and youth experiencing crises and/or impacted by unaddressed trauma.

In our Wraparound Program, of the **41 youth and families** served:

- 83%** of youth stabilized in their housing
- 73%** of youth improved their emotional health skills
- 72%** of youth reduced harmful/reckless behaviors



Of the **65 current and former foster youth** supported in one of our housing programs:

- 84%** of them improved their emotional health skills
- 92%** made academic improvements towards their goals
- 87%** reduced harmful/reckless behaviors

Reducing the Impact of Homelessness

FCNI owns eight apartment complexes with 37 units which can provide housing for **74 individuals**

128 unhoused individuals/families were moved into safe housing

357 Individuals, 25 of whom were referred by Adult Protective Services, were supported in overcoming barriers to housing—connected with resources and support for their mental and physical safety, helped them achieve academic and/or career goals, and improved their life skills development.

162 individuals/families received after-care support to remain successfully housed



STABILITY

SUPPORT

We Meet People “Where They Are”

Attended to **113 urgent/crisis situations** through our 24/7 crisis-intervention services

Supported **10 youth** at the start of services in their transition home following psychiatric hospitalization

Supported **48 youth** in their transition home following Juvenile Justice custody

Ensured that bilingual **Spanish-speaking services were provided** from the first point of contact throughout all proceeding support services for those who prefer to speak Spanish

Life-Changing Support = Addressing Mental Health Wellness

Of the youth supported through the Mental Health Services Act Full Service Partnership:

77% reduced harmful/reckless behaviors

90% responded to care which prevented them from needing a more restrictive placement

83% developed self-protective behaviors, making long-term progress in their mental health wellness

Helping Healing Journeys

Our therapists provided:

1,570 hours of individual therapy to youth experiencing the impact of trauma

371 hours of family therapy to help families heal and improve their relationships

Our Rehabilitation Specialists provided:

11,825 hours of in-home and community-based support directly to individuals to help them improve daily functioning and mental wellness

Our Family and Youth Specialists provided:

1,964 hours of support to youth and parents, sharing their unique experiences as past recipients of care to help others in similar situations navigate support services and reach their goals

Our Social Workers and Case Managers provided:

16,006 hours of direct support to individuals in care



EMPOWERMENT

Empowering Individuals Starts with Empowered Staff

Our staff accrued over **8,000 training hours** in 2022/2023

On average, an individual employee completed **60 hours of training**—more than double the industry's required minimum hours.

New direct service employees completed over **100 hours of training** during their first year of employment.

Increasing Access and Opportunities

Of our eligible current and former foster youth ages 14 to 20 in our Independent Living Program:

423 youth improved their financial literacy, were supported in their career planning, and learned stronger life skills

88% worked to achieve higher education goals

67% of eligible youth obtained their High School diploma, GED, or equivalent

99% of youth supported their own long-term stability by establishing one permanent adult relationship outside of program staff

In TAY Achievers, we supported **85 youth** attending 27 different higher education institutions



Celebrating
36 Years of Serving
Our Central Coast
Community